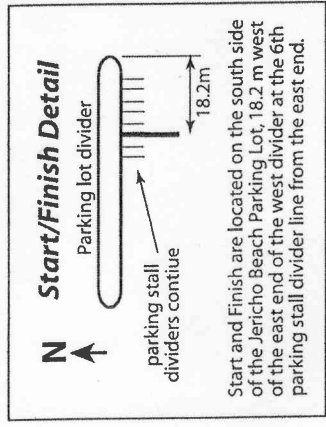
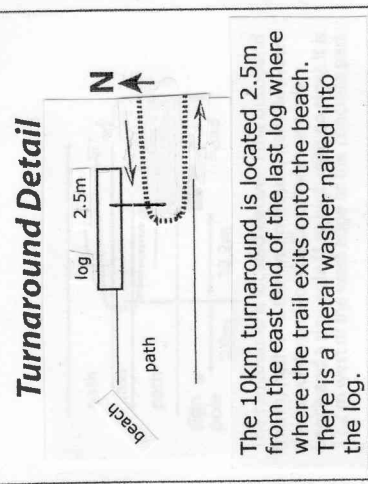


TURN see detail



**Notes:**

1. The course must be laid out in accordance with this map for the certification to be valid.
2. For the last 1000m before the turnaround there are two paths running side by side runners must be restricted to the right hand path. In other areas the shortest possible route was measured.
3. All runners go on the south side of the washroom/changeroom buildings at Spanish Banks West and East.